



Glengarry Child Care Society
Weekly Menu
Week Two

	Monday	Tuesday	Wednesday	Thursday	Friday
Morning Snack	Cereal Apple Slices Milk	Yogurt Melon Slices Milk	Homemade Biscuits Marg Milk	Cereal Orange Slices Milk	Egg & Cheese Breakfast Sand Milk
Lunch	Chicken & Cheese Quesadillas Tossed Garden Salad Milk IR - Cooked Veg	Corn Chowder Whole Wheat Cheese Bread Fresh Veggie Sticks Milk	Taco Salad (gr beef/taco seas cheese, lettuce, tom, salsa, sour cream Milk IR - cooked veg	Beef Vegetable Soup Make your own sandwich - meat, cheese, veggies Milk	Homemade Pizza Caesar Salad Milk
Afternoon Snack	Fresh veggies Crackers Greek Yogurt Dip Water	Goldfish Trail Mix (cheddar goldfish, dried apples, craisins, pretzels) Water	Fresh Fruit Cheddar Cheese Water	Zuchini Loaf Fresh Fruit Water	Sausage, cheddar cheese, pickles Bretton Crackers Water

PA - Pork Alternative
IR - Infant Rooms Alternative

