



Glengarry Child Care Society
Weekly Menu
Week One

	Monday	Tuesday	Wednesday	Thursday	Friday
Morning Snack	Cereal Fresh Fruit Milk	Melon Slices Hardboiled Eggs Milk	Yogurt Homemade Granola Milk	Cereal Orange Slices Milk	Toasted Bagels Cream cheese Milk
Lunch	Homemade Chicken Noodle Soup Grilled Cheese Sand Tomato Wedges Milk IR - Cooked Veg	Cheeseburgers Bake French Fries Fresh Veggies Milk IR - Cooked Veggies	Perogies/Sour Cream Kubassa Cooked Veggies	Mini Pita (meat, cheese, lettuce, tomato) Carrot/Cucumber Slices Milk IR - Cooked Veg	Chicken Fried Rice Garden Salad Milk IR - Cooked Veg
Afternoon Snack	Fresh Veggie Sticks Greek Yogurt Dip Bretton Crackers Water IR - Cucumber slices	Melon Slices Cheddar Cheese Water	Cucumber Slices Homemade Oatmeal Raisin Cookies Water	Oat Bran Banana Muffins Water	Fresh Fruit Salad Ice Cream Water

PA - Pork Alternative
IR - Infant Rooms Alternative

